	Strategy	5
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Make your ideas clearer by giving examples.

Exercise 19

Write the correct topic from the box for each paragraph below.

	Topics:	how to prepare for a marathon how to impress an employer how to choose a pet dog
1. Topi	c:	
	example, if the buy	ds to decide what size dog will be best for their family. For yer lives in a small apartment, a terrier would be a good choice., a retriever would fit well with a family who has a large yard.
2. Topi	c:	
	stamina the next da	the race, runners should eat a dinner that will give them ay. For instance, my brother, who is a marathon runner, eats race because the carbohydrates provide him with energy
3. Topi	c:	
		some extra tasks that other workers avoid. For example, they unch room and wash dirty coffee cups after other workers leave.
Exerci	se 20	
	Add an example for e	each of the sentences below like those in Exercise 19 above.
1. hov	v to get a good grade	in this class
The	e students need to hav	e good study habits. For example,
2 1		

Next, it is helpful for shy people to attend a party. To prepare for the event, they should practice ways to start a conversation with a stranger. **For instance**,

3. how to stay healthy in old age In addition to exercising their bodies, it is important for elderly people to exercise their minds. For example, Exercise 21 Think of four topics or use any of the topics below. Write paragraphs like those in Exercises 19 & 20 above. Write a sentence and give an example.

Topic Choices

Explain . . .

- how an older person can look younger.
- how to convince a policeman not to give us a ticket.
- how to make new friends at school.
- the effects that social media have on young people.
- what causes a family to have close relationships.
- what causes video games to be so popular.
- which is better: living alone or with a roommate.
- whether high school students should wear uniforms.
- whether spanking is the best way to discipline a child.